

Anti-Bullying Week Nov. 20th - 24th

We will be promoting **Anti-Bullying Week November 20th to November 24th** It is a week dedicated to promoting kindness, collaboration and teamwork. Each day we will be involved in a variety of activities to help create a sense of wellness for everyone.

1. Message / Modelling Monday

- Class Discussion on Bullying-use teacher handouts and quiz to get the discussion started.
- Grades K-1 read the following book: **One**. This is a read aloud that can be accessed at this site: <https://www.youtube.com/watch?v=1V-oilNpoo>
- We ask Gr. 2-8 read the following book: **The Juicy Box Bully**. This is a read aloud that can be accessed at this site: <https://www.youtube.com/watch?v=F7qWxJgbvog>.
- Create a Class pledge on Anti-Bullying to be put on your door. This is a promise all students make and sign.

2. Togetherness / Teamwork Tuesday

Classes are asked to complete teamwork challenges. Teacher Handouts are provided.

- Play Kahoot with your class – a link will be sent to you from Mr. Ferretti
- FDK – 1 Tower Challenge - Create the tallest tower using 15 cups only
- Pipe Cleaner challenge for grades Grade 1 – Grade 6 – instructions included
- Red Cup Challenge Grades 7– 8 instructions included

3. Working Together / Wellness Wednesday

- As a class create a **Shout It Out Board**. Papers are in your bin. Classes are also asked to create a quote to be shared with the school community about antibullying or kindness. Teachers are asked to pick a student to come and write it on our white board outside the staffroom sometime today.
- At 8:45 grades 8's will be going to K-6 classrooms to lead the students in DPA activities. They will choose a Just Dance Video. The Grade 8's will lead for about 15 minutes. Grade 7's will independently complete task in their classrooms.
- At 12:05 pm the entire school will be involved in Christian meditation. It will be done over the PA lead by Mrs. Russo. Classes will also be provided with Mandalas to colour for quiet time after meditation while music is playing quietly in the background.

4. Talk About It / Thankful Thursday

- PINK Shirt Day
- We will be collecting non-perishable food items. We ask each child to bring in one can as a way of saying "THANKS" and to help those less fortunate of the community
- We are trying to inspire an Attitude of Gratitude.
- Create a poster – sample poster idea included.

5. Fairness / Friendship Friday

- We have paired each class up. At 1:30pm we are asking older students to work with younger students to build new friendships. We are asking the older kids to play a game with the younger ones to foster friendships ie. Cards, Connect4, board games etc. Games are to be played in the classrooms not outside. No electronics to be used. See below. Please discuss with your teacher partner to come up with a plan. See back of page

Friendship Friday

4A - 2A

4B - 2B

5A - 2/3

6A - 3A

6B - 3B

8A - 1B

8B - 1A

KA - 7B

KB - 7A

KC - 5B

Teachers please discuss with students the types of games they will play. You may want to split and use both your classrooms.